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# **About Us**

# What We Do and Why We Do It



National Online Safety provide multi-award-winning online safety education for the whole school community. We believe that when children go online to learn, to communicate or to play, they should be able to do so safely. That's why we help schools respond to the evolving online world and support them in meeting their online safety statutory safeguarding and curriculum requirements.



**689 Over 500,000 users** 



Over 35,000 schools



All-in-one online safety solution for schools



Online safety training, education and resources aligned to DfE guidance and best practice



Bespoke learning hub with advanced usability and reporting features



Online safety app to support remote access anytime, anywhere on any device



# Statutory Online Safety Duties

#### What are your 2021/22

# **Statutory Online Safety Duties**



What are your statutory requirements in online safety?	Safeguarding statutory duties (remote education)	How are you inspected by Ofsted?	How our certified school package meets your obligations?
A Whole School Approach to Online Safety			
Schools should take a whole school approach to online safety (KCSIE page 32, paragraph 123). Schools should ensure online safety is a running and interrelated theme in policies and procedures (KCSIE page 32, paragraph 125). The school's approach to online safety should be reflected in the child protection policy (KCSIE page 33, paragraph 126). Schools should ensure that where children are being asked to learn online at home, they continue to follow the necessary safeguarding procedures (KCSIE page 33, paragraph 127). Schools should consider carrying out an annual review of their approach to online safety (KCSIE page 34, paragraph 132).	Schools should continue to refer to the online safety guidance in KCSIE. Schools should emphasise the importance of a safe online environment with parents, carers, pupils and students and offer support and advice on how to do this. Schools should encourage parents and carers to provide age-appropriate supervision for the internet use of the children and young people in their care.	Schools should have a culture of safeguarding which includes online safety, including when they are receiving remote education (Inspection handbook, paragraph 295).     Schools should have policies in place that make it clear online sexual abuse is unacceptable and approach online sexual abuse through a whole school approach (Inspection handbook, paragraphs 306-307)	<ul> <li>Courses for Schools: Annual Certificates in Online Safety for Designated Roles; Governors; Teaching Staff, Non-Teaching Staff</li> <li>Courses for Parents: Annual Awards in Online Safety for Parents &amp; Carers of Children aged: 3-7; 7-11; 11-14; 14-18</li> <li>Monthly Webinars</li> <li>Lesson Plans and Resources (EYFS, KS1-KS4)</li> <li>Online Safety Guides, Explainer Videos</li> <li>Monthly Online Safety Update Service</li> </ul>
Online Safety Training for Designated Safeguarding Leads (a	nd Deputies)		
Schools should appoint a Designated Safeguarding Lead (DSL) and deputy DSL who receive regular training in order to stay up to date with current online risks (KCSIE pages 149/150, Annex C).  Both the DSL and Deputy DSL should be able to recognise the additional risks that children with SEN and disabilities (SEND) face online (KCSIE page 150, Annex C).  Schools should address inappropriate behaviour and offer support to children who are victims of online sexual violence or harassment (KCSIE Page 100, paragraph 433).	Schools and colleges (led by their designated safeguarding lead) should review and update their child protection policy to reflect the fact pupils and students will be learning online and in the classroom.	Schools should be able to discuss their online safety policy, including how they deal with issues when they arise (Inspecting Safeguarding, Page 16/17, Paragraph 37).     Schools should create a safe environment for pupils in which online bullying, discrimination, sexual harassment, sexual abuse and sexual violence is not accepted and quickly dealt with (Inspection handbook, paragraph 227).	<ul> <li>Annual Advanced Certificate in Online Safety for DSLs and Deputy DSLs</li> <li>Annual Certificate in Understanding Sexual Harassment and Sexual Violence for DSLs &amp; Deputy DSLs</li> <li>Online Safety Guides, Explainer Videos</li> <li>Monthly Online Safety Update Service</li> </ul>
Online Safety Training for Staff			
All staff should receive safeguarding and child protection training, including online safety (KCSIE page 30, paragraph 114). All staff should receive online safety updates as required, and at least annually, to keep skills and knowledge up to date (KCSIE page 30, paragraph 115). All staff should recognise that children are capable of abusing their peers, including online, such as online sexual harassment (KCSIE pages 14–15, paragraphs 46 and 49).	Teachers delivering remote education online should be aware that the same principles set out in the staff behaviour policy (sometimes known as a code of conduct) will apply.  All staff should continue to act immediately (following their child protection policy and the processes set out in Part 1 of KCSiE) if they have any concerns about a child or young person's welfare.  During remote education, it is important that schools/colleges maintain professional practice as much as possible.	Schools should protect children from risks linked to the use of technology and social media (e.g. online bullying, grooming, accessing inappropriate content) (Inspecting Safeguarding, Page 6, Paragraph 1).     School staff should have appropriate knowledge of online sexual abuse as defined in KCSIE (Inspection handbook, paragraph 306)	Annual Certificates in Online Safety for: Designated Roles; Governors; Teaching Staff; Non-Teaching Staff Annual Certificates in Understanding Sexual Harassment and Sexual Violence for: DSLs; PSHE/RSHE Leads; Governors; Teaching Staff, Non-Teaching Staff Online Safety Guides, Explainer Videos Monthly webinars Monthly Online Safety Update Service
Online Safety Teaching and Learning			
Online safety should be taught within a balanced curriculum (KCSIE page 31, paragraphs 119-120). Schools should use additional resources when teaching online safety. These include Teaching Online Safety in Schools' and Education for a Connected World' (KCSIE page 31, paragraph 121). School may also include teaching online safety through Relationships Education (for all primary pupils) and Relationships and Sex Education (for all perimary pupils) and Health Education (for all pupils in state-funded schools) (KCSIE page 31, paragraph 120) Schools should educate children around the use of technology and how to identify, intervene in, and escalate any concerns (KCSIE Page 32, paragraph 123).	Schools should take necessary steps to ensure the delivery of live lessons are safe, appropriate and have the relevant privacy measures in place. It is important to make a weekly plan or structure for anyone who has to learn from home. Consideration should be given towards one-to-one sessions in some circumstances (e.g. providing pastoral care or support for children who are vulnerable or with SEND).	Schools should make sure pupils recognise online risks and are aware of available support (Inspection handbook, paragraph 243).	<ul> <li>Lesson Plans and Resources for:</li> <li>EYFS (children aged 3 - 5)</li> <li>Key Stage 1 (children aged 5 - 7)</li> <li>Key Stage 2 (children aged 7 - 11)</li> <li>Key Stage 3 (children aged 11 - 14)</li> <li>Key stage 4 (children aged 14 - 16)</li> <li>Monthly Webinars</li> <li>Online Safety Guides</li> <li>Explainer Videos</li> </ul>

- Schools should have appropriate IT filters and monitoring systems in place (KCSIE page 33, paragraph 128)
- Schools should ensure they have the appropriate level of security protection procedures in place, in order to safeguard their systems, staff and learners and keep up with evolving cyber-crime technologies (KCSIE page 34, paragraph 131)
- Schools/colleges should continue to follow guidance on data protection and GDPR. Schools should follow the guidance outlined in the data protection: toolkit for schools
- Parents should be encouraged to implement and turn on internet filters to block malicious websites.
- Schools should ensure appropriate filters and monitoring systems are in place (Inspecting Safeguarding, page 13, paragraph 10)
- We connect with filtering and monitoring solutions for schools get in touch for more details
- Certificate in Data Protection for: Governors and Trustees; Senior Leaders; all Staff
- Annual Certificate in Cyber Security for: Governors; Leaders; all Staff; Parents and Carers

References

Keeping Children Safe in Education (KCSIE) 2021 [Published 6 July 2021 | Effective from 1 September 2021]

Relationships Education, Relationships and Sex Education (RSE) and Health Education [Published 25 June 2019]

Teaching online safety in schools [Published 26 June 2019]

UKCIS 'Education for a Connected World' Framework - 2020 Edition [Published 30 June 2020]

Ofsted Education Inspection Framework [2019] / Inspecting safeguarding in early years, education and skills settings [2019] / School Inspection Handbook [June 2021 | Effective from September 2021]



# Certified School Membership



Role-specific online safety training for staff and parents

DSLs Teachers Parents

Governors **Pupils** IT Leads Headteachers

Child Protection Leads Non-Teaching Staff

Supporting your whole school community





Our new mobile app, for training and resources whenever you need them



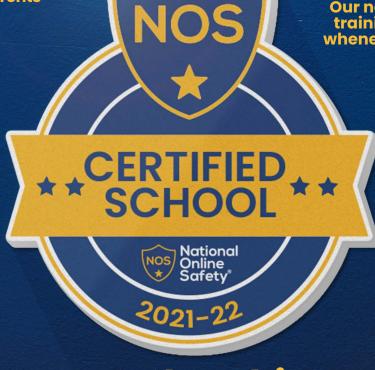
Expert-led webinars on relevant online safety issues



Weekly/monthly updates: expert analysis and opinion on the latest online safety news



Our library of awardwinning guides



### Membership

Certified School status evidences your commitment to online safety. It provides a whole school community approach to online safeguarding and has been designed by education professionals to meet the statutory online safety safeguarding duties outlined in Keeping Children Safe in Education and DfE curriculum requirements.



Explainer videos on current and developing topics



One convenient dashboard allowing you to manage your school's entire CPD



Comprehensive lesson plans to support online safety learning at every age



# Safe Remote Education Accreditation



Purpose-built Safe Remote Education Hub for easy roll-out and oversight



Training across six key remote education areas



Deliver high-quality remote education to pupils



Maintain effective safeguarding arrangements



National Online Safety®

Support pupil wellbeing and mental health



Earn, display and share your remote education logo immediately

When Covid-19 elevated remote education into an area of national focus, we developed our 'Safe Remote Education' accreditation which is directly aligned with DfE guidance and best practice outlined in their 'Review your remote education provision' framework.

2021-22

\* SAFE REMOTE \* EDUCATION

NOS

National

Online

#### The Six Steps to Accreditation

Accreditation requires an appropriate member of staff to complete these six courses and webinars.



Certificate in Delivering Effective Blended and Remote Education



Certificate in Safeguarding Remote Learners



Remote Education: How to Deliver Safe Online Lessons



Pupil Wellbeing and Mental Health during Remote Education



Certificate in Data Protection for Governors and Trustees / for Senior Leaders / for Influencers



Managing Behaviour and Disruption in Remote Education



# The National Online Safety Hub and Mobile App

# The National Online Safety Hub and Mobile App



#### The National Online Safety Hub

Simple to navigate around, our online safety hub keeps you informed about the latest online crazes – and the hazards associated with them.

- Access all our training courses and hundreds of insightful resources.
- **Solution** Easily share online safety training and information across your whole school community.
- Create watch lists and recommend training for individuals roles, groups or entire departments.
- Intuitive online knowledge base to answer your most common queries.



#### **The National Online Safety App**

Mobilise your resources and training with our app. Its user-friendly interface and powerful search feature makes our award-winning content available instantly through any smartphone.



- FREE to download Available on iOS and Android
- **⊘** 4.9 ★ rating on Google Play
- Notifications to your phone as soon as new content becomes available
- In-app voting system so you can help determine the subjects we cover in future

**FREE** to download Available on iOS and Android







# Courses and Webinars

# Courses and Webinars for Schools

Developed and delivered by experts in their field, our courses and webinars tackle the most important topics in online safety.

- Choice of more than 100 courses and webinars
- Oblivered in high-quality video accessible on any device at any time
- 🗸 At least 3 new webinars added each month on the latest hot topics
- Role-specific courses split into bite-size modules for flexible learning

#### **Designed for:**







DSLs



**Teaching Staff** 





Governors

Parents



hello@nationalonlinesafety.com | nationalonlinesafety.com

# Courses for Parents



Engaging parents and carers in online safety has never been more important. Understanding the digital threats that young people might face at different ages helps adults feel confident and empowered to keep their children safe on the internet.

Our parents' courses provide insight into how young people tend to engage with the online world at various phases of their development. At each stage, they address potential risks and suggest ways to ensure that children can learn and play safely online.

Developed by our experts, each course focuses on a specific age group:





#### Courses & Webinars A-Z







#### **ONLINE SAFETY COURSES FOR SCHOOLS**

- Annual Advanced Certificate in Online Safety for DSLs & Deputy DSLs 2021-22
- Annual Advanced Certificate in Online Safety for ICT Leads 2021-22
- Annual Certificate in Online Safety for Non-Teaching Staff 2021-22
- Annual Advanced Certificate in Online Safety for Mental Health Leads 2021-22
- Annual Certificate in Online Safety for School Governors 2021-22
- Annual Advanced Certificate in Online Safety for SENDCOs 2021-22
- Annual Certificate in Online Safety for Teaching Staff 2021-22
- Annual Certificate in Teaching Online Safety in Early Years 2021-22
- Annual Certificate in Teaching Online Safety in Primary Schools 2021-22
- Annual Certificate in Teaching Online Safety in Secondary Schools 2021–22
- Annual Certificate in Online Reputation for Governors 2021-22
- Annual Certificate in Online Reputation for Leaders 2021–22
- Annual Certificate in Online Reputation for Staff 2021-22
- Annual Certificate in Cyber Security for Governors 2021-22
- Annual Certificate in Cyber Security for Leaders 2021-22
- Annual Certificate in Cyber Security for Staff 2021-22
- Certificate in Writing a Social Media Policy for Schools
- A Practical Guide to Teaching Using Breakout Rooms in Zoom
- A Practical Guide to Teaching Using Google Classroom
- A Practical Guide to Teaching Using Loom
- A Practical Guide to Teaching Using Teams
- A Practical Guide to Teaching Using Zoom

#### **COURSES FOR PARENTS AND CARERS**

- 📂 Annual Award in Online Safety for Parents & Carers of Children aged 3-7 2021-22
- Annual Award in Online Safety for Parents & Carers of Children aged 7-11 2021-22
- 📂 Annual Award in Online Safety for Parents & Carers of Children aged 11-14 2021-22
- Annual Award in Online Safety for Parents & Carers of Children aged 14-18 2021-22
- Annual Certificate in Online Reputation for Parents and Carers 2021-22
- Annual Certificate in Cyber Security for Parents and Carers 2021-22
- Online Safety for Parents of Children aged 4-7
- Online Safety for Parents of Children aged 7-11
- Online Safety for Parents of Children aged 11-14
- Online Safety for Parents of Children aged 14-18

#### **Courses & Webinars A-Z**







#### **WEBINARS FOR SCHOOLS**

- Advertisements Online: Developing Digital Literacy Skills in Pupil
- 🖐 🧕 County Lines: Understanding How Criminal Gangs are Targeting Children Online
- Greatively Embedding Online Safety into Curriculum Planning for 2021/22 in Line with DfE Requirements | Primary
- © Creatively Embedding Online Safety into Curriculum Planning for 2021/22 in Line with DfE Requirements | Secondary
- # Curriculum Considerations: Online Relationships and RSHE
- Cyberbullying and Pupils with SEND: Prevention and Early Intervention to Help Children Thrive Online
- Oyberbullying in 2020 Practical Safeguarding Guidance for School Leaders
- Cyberbullying 2021: Prevention and Response in School Communities
- # Dealing With a Disclosure in Online Safety
  - Defining, Understanding and Protecting against Online Hate
- DfE KCSiE Remote Safeguarding Guidance: Online Safety for DSLs,
   Teachers and Parents
- Developing Your Online Safety Curriculum in Line with Statutory RSHE Guidance and KCSIE 2021 | Primary
- Developing Your Online Safety Curriculum in Line with Statutory RSHE Guidance and KCSIE 2021 | Secondary
- Fake News: How to Recognise the Risks and Support Children's Critical Thinking
- From Virtual to Real Life: Rebuilding Pupils' Emotional Wellbeing After Lockdown
- # Description 

  How Ofsted will Inspect Online Safety: What Schools Need to Know\*
  - How to Be an Effective Digital Leader in Schools
  - How to Maximise Digital Learning Tools for Education | OneNote, Nearpod, MS Forms, Flipgrid
  - How School Leaders Can Implement a Culture of Cyber Security
  - How to Support Children to Build Safer Online Connections Primary
  - How to Support Children to Build Safer Online Connections Secondary
  - How to Support Children in Building Digital Resilience
  - How Schools Can Implement Digital Media Literacy into the Curriculum
  - How to Teach Online Safety Effectively: Primary
  - ▶ How to Teach Online Safety Effectively: Secondary
- 🖐 🤒 How to Teach Sexual Representations Online in Line with Statutory RSE Requirements
- The Impact of Age-Inappropriate Content and How to Manage Childrens' Exposure
- Influencers Understanding Influencer Culture and its Impact on Children and Young People
- International Webinar: Understanding Online Safety Laws in the UAE
- # Leicestershire Police: Addressing The Online Drugs Trade

- Live Streaming: How to Recognise the Risks and Keep Children Safe Online
- Managing Behaviour and Disruption in Remote Education: Primary
- Managing Behaviour and Disruption in Remote Education: Secondary
- Mental Health and Wellbeing: The Impact of Online Behaviour
- Netiquette: Delivering the Right Communication for the Right Connection
- Non-Suicidal Self-Injury: The Impact of Online Content and Supporting Pupils' Mental Health
- Online Gaming to Online Gambling: Recognising the Signs & How to Prevent Addiction
- Online Grooming: How Schools Can Recognise, React and Respond to a Continuing Threat
- Online Safety for Children with SEND: Building Digital Literacy & Managing Online Risks
- Online Safety for Governors: Meeting Statutory Online Safety Requirements in Line with DfE Guidance
- ⊕ Online Safety Policy Adapted for 2020 + Free Online Safety Template
- Online Safety: Understanding your Statutory Duties and Effectively Supporting Parents & Carers During Lockdown
- Online Sexual Abuse: An Expert Insight into the Ofsted Review of Sexual Abuse in Schools and Colleges
  - Online Sexual Abuse: Strengthening Understanding to Support Prevention and Response
- Online Sexual Abuse: Supporting Children and Young People through a Pupil-Centred Response to Disclosures
- Parental Engagement in Online Safety: Effective Strategies
- Peer on Peer Abuse Online: Prevention and Response in a Digital World
- Radical Right: Safequarding Children from Online Recruitment and Radicalisation
- Radical Right: Understanding Use of Signs, Symbols and Platforms Online
- Recognising Emotional Vulnerability and Seeking Validation Online Primary
- Recognising Emotional Vulnerability and Seeking Validation Online Secondary
- Relationships and Sex Education: Managing Difficult and Sensitive Conversations
- Remote Education: How to Deliver Safe Online Lessons
- Responding to and Managing Self-Generated Intimate Images and Online Child Sexual Disclosures
- Review and Update Your Online Safety Policy in Line with DfE and Ofsted Guidance for 2021-22

#### Courses & Webinars A-Z







- Safeguarding Online 2021: Understanding Changes to the DfE KCSiE 2021 Proposed Statutory Guidance
  - Screen Addiction: Assessing the Impact and How to Develop Healthy Habits
  - Social Media & Violence: Preventative Strategies for School Leaders
  - Social Pressures Online: Recognising and Managing the Impact of Social Media on Children's Wellbeing
  - Staff Abuse Online: Safeguarding against Cyberbullying and Harassment
  - Staff Abuse Online: Safeguarding against Cyberbullying and Harassment
  - Suicide Prevention in the Context of Digital Behaviours and Online Use
  - Supporting Pupil Wellbeing and Mental Health During Remote Education
  - The Gaming World Simplified: An Expert Insight into Online Platforms, Genres and Children's Habits
  - The Impact of a Digital Footprint: Supporting Young People to Understand the Legacy of Online Behaviour
  - The Impact of Age-Inappropriate Content and How to Manage Childrens' Exposure
  - > The Role of the Mental Health Lead in Online Safety and Safeguarding
- Teaching Online Safety to Children with SEND through Innovative Curriculum Design
- Understanding Changes to Online Safety Statutory Safeguarding Requirements in KCSiE 2021
- # 👂 Understanding the DfE Statutory Guidance Changes September 2019
- Understanding the New UKCIS Online Safety Audit Tool: Online Safety Requirements for ITTs & NQTs



# Online Risk Hub

# Online Safety Guides

Each week we add to our collection of award-winning safety guides by distilling our experts' analysis of the latest app, game or device that young people are using into an accessible format. Designed to inform in almost every aspect of online safety, they are perfect for sharing with parents.



**200+** guides

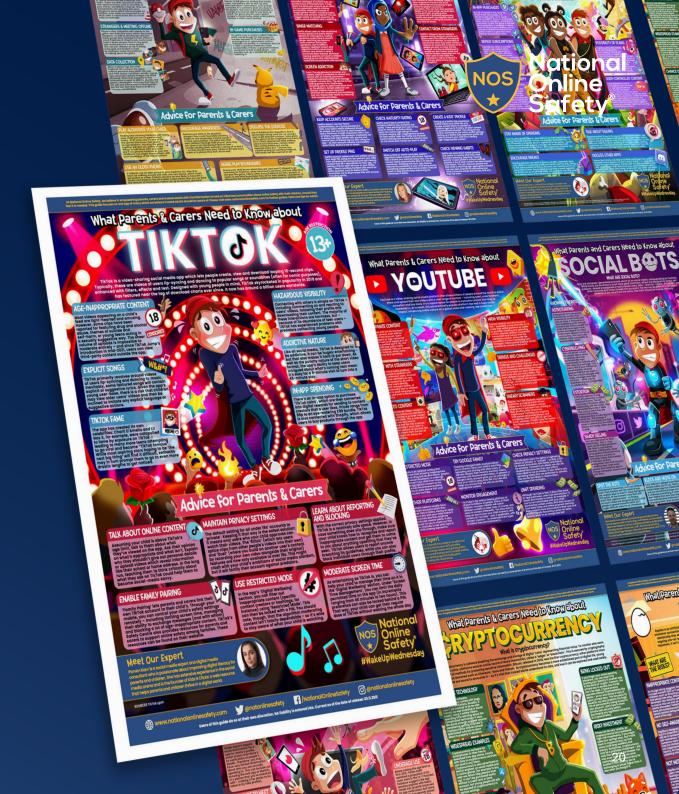


4 categories: games, apps, devices & risks









### Online Safety Guides A-Z







#### **APPS AND GAMES**

- **1** Among Us
- Apex Legends
- App Store
- Avakin Life
- Call of Duty
- 🛱 Call of Duty: Cold War
- Call of Duty: Modern Warfare
- 🛱 Call of Duty: Warzone
- **Chatroulette**
- Clubhouse
- Counter-Strike: Global Offensive
- Cunch-Line Chronicles
- Cyberpunk 2077
- Discord
- 🗓 Disney+
- **B** EdTech Summer Holiday Guide
- 🔋 eBay
- The Email Scams
- FaceApp
- **Facebook**
- 👣 Facebook Messenger
- **1** FIFA 20
- **FIFA 20**
- Fortnite Battle Royale
- 👣 Fortnite Chapter 2
- Fortnite Chapter 3
- Grand Theft Auto
- 👣 Google Stadia
- agooH 🗊
- The Horror Games
- Houseparty
- 1 Instagram
- 👣 Kik
- **1** League of Legends
- Likee
- **1** LiveMe

- Microsoft Teams
- Minecraft 1
- National Online Safety App
- Netflix
- OnlyFans
- Omegle
- Overwatch
- 🔋 Pokémon GO
- 🛱 Reddit
- 🔋 Rec Room
- **Replika**
- **Roblox**
- 🐧 Rocket League
- **Snapchat**
- 🐧 Signal
- **Steam**
- **Telegram**
- **Tellonym**
- TextMe
- TikTok
- Tinder
- Triller
- IIIIICI
- Tumblr
- Twitch
- Twitter
- UEFA Euro 2020/21 Wallchart
- **3** Valorant
- 🕽 WeChat
- WhatsApp
- 🐧 Wink
- T YOLO
- YouTube
- TouTube Kids
- 👣 Yubo
- **3** Zoom

#### DEVICES

- 🐧 Amazon Alexa
- Guide for Parents
- Children with New Devices
- **†** Fitness Trackers
- Games Consoles
- Home Devices Online Safety
  Guide for Parents
- How to Clean Devices Guide
- **Home Internet Controls**
- 🐧 Nintendo Switch
- Coulus Quest
- 👣 Parental Controls for Android Apps
- parental Controls for iPhone Apps
- 🔋 Parental Controls to Limit
- Age-Inappropriate Content | Android
- Parental Controls to Limit Age-Inappropriate Content | iPhone
- PlayStation 4
- PlayStation 5
- Roblox
- 👣 Smartphone Online Safety Tips
- TV Safety: How to Manage What Your Children Watch
- 🐧 Virtual Reality
- Webcams
- The Xbox One
- The Xbox Series XIS



### Online Safety Guides A-Z







#### **ONLINE RISKS**

- 10 Top Tips for Repect Online: A Digital World for Everyone
- 10 Top Tips for Repect Online: Inspiring Children to Build a Better Digital World
- 12 Top Tips to Support Mental Wellbeing Through Nature
- 10 Ways You Can Share Kindness Online
- Age-innapropriate Content
- Age Ratings
- Apps and Games for Children: Online Safety Guide
- Back to School Online Safety Tips for Children
- 聞 Black Friday: 10 Safety Tips
- 🛱 Catfishing Online Safety Guide
- Check in with Friends
- Children's Mental Health:10 Conversation Starters for Parents
- Conversations with Your Child about
  Online Safety: 7 Questions
- Cryptocurrency
- Cyberbullying (Online Bullying) Guide for Schools and Parents
- Cyber Crime
- Cyber Monday: 10 Tips
- Deepfakes
- The Deep Web and the Dark Web
- Techo Chambers
- The Email Scams
- 🛱 Engaging Parents in Online Safety

- Take News Online Safety
- Take News
- 👣 Free Speech vs Hate Speech
- 👣 Friends and Followers
- Gaming Disorder
- Gaming Streamers and Influencers
- Hacking
- 聞 Hidden Photo Apps
- 聞 How Not to Be A Screen Zombie
- Let's Connect This Christmas
  (Some Way) Song Lyrics
- Tackle Online Hate Together
- 🐧 Lifestyle Sites
- tive Lessons: Online Safety Guide
- 👣 Live Streaming
- 🔋 Location Tracking
- 🐧 Loot Boxes and Skin Betting
- Maintaining Mental Wellbeing during Isolation
- Make the Most of the Online World this Christmas
- Music Streaming Apps and Sites
- Non-Fungible Tokens (NFTs)
- Ofcom 'Children and Parents: Media
  Use and Attitudes' Report 2020/21
- Online Avatars
- Online Challenges
- Online Content: Conversation Starters for Parents and Carers
- Online Content: Safety Tips

- 👣 Online Drugs Trade
- Online Fair Play : The Dos and don'ts of Online Conduct
- Conline Grooming
- Contine Hoaxes
- Online Safety Tips for Children
- 🔋 Peer-to-Peer (P2P) Sharing
- **1** Persuasive Design
- Phishing
- Policing vs Parenting: Get to Grips with Gaming Online Safety Guide
- Protecting Personal Data
- Reminders of How to Be Kind Online
- Remote Access and Remote

  Data Deletion
- Remote Education for Children: 10 Tips
- Remote Education for Educators: 10 Tips
- Remote Education for Parents and Carers: 10 Tips
- 🔋 Sadfishing: Online Safety Guide
- Safer Online Shopping Tips
- **Screen Addiction**
- Screengrabs
- Search Engines
- 🔋 Sextina
- Social Bots
- Social Media and Mental Health:

  Positive and Negative Impacts
- 👣 Social Media and Mental Health

- 🛱 Social Media Safety Tips
- Social Media Scams
- Social Pressures Linked to Appearance
- Social Pressures Linked To Friends and Followers
- Social Pressures Linked To 'Likes'
- Social Pressures Linked to Social Media Influencers
- 🔋 Squid Game
- **Streaming**
- Stress Awareness Month | 30-Day
  Challenge
- Supporting Children to Express
- **Sports Betting**
- Themselves Safely Online
- Torrent Sites
- Trolling and Online Abuse
- 👣 Video Games and Violent Behaviour
- 👣 Video Streaming Apps and Sites
- Tivate Networks (VPNs)
- Voice-Activated Searching
- Ways to Be Kind Online

# Explainer Videos

Our bite-size explainer videos quickly demystify the online topics that you need to know about - everything from screen addiction, fake news and trolling to hacking, social media influencers and malware.



100+ short videos



14 categories (including privacy and security, mental health and online identity)





& OWNERSHIP

0

### **Explainer Videos A-Z**







- Age-Inappropriate Content
- Age Ratings
- Artificial Intelligence
- Catfishing
- Child Sexual Exploitation
- Closed Peer Sharing
- The Cloud
- Cookies and Adware
- Copyright Law
- Creative Commons Licensing
- Crowdsourcing
- The Dark/Deep Web
- Deepfakes
- Digital Consent
- Digital Footprint
- Digital Manipulation
- Digital Personality
- Echo Chambers
- Fake News
- Fake Profiles and Social Bots
- Filters and Photo-Enhancing Apps
- Fitness Trackers
- Friends and Followers
- Gaming Disorders
- Gaming Genres
- Gaming Streamers and Influencers
- Gaslighting
- Hacking
- Hidden Apps
- Identity Theft

- Image Searching
- In-App Purchases
- Information Operations
- Introduction to Identity and Self-Image
- Introduction to Mental Health and Wellbeing
- Introduction to Online Bullying
- Introduction to Online Copyright and Ownership
- Introduction to Online Gambling
- Introduction to Online Gaming
- Introduction to Online Information
- Introduction to Online Platforms
- Introduction to Online Relationships
- Introduction to Privacy and Security
- Introduction to Social Media
- Introduction to Streaming
- Introduction to Technology and Devices
- Lifestyle Sites
- Likes and Reactions
- Live Streaming Apps
- Location Apps
- Location Tracking
- Loot Boxes and Skin Betting
- Malware (Viruses, Trojans, Ransomware)
- Misinformation and Disinformation
- Music Streaming Apps

- Overspending
- Online Avatars
- Online Banter
- Online Bullying
- Online Challenges
- Online Forums
- Online Fraud
- Online Gambling Apps
- Online Gambling and Skin Betting
- Online Gaming Consoles
- Online Grooming
- Online Hate Crime
- Online Hoaxes
- Online Identity
- Online Messaging Apps
- Online Propaganda
- Online Racism
- Online Radicalisation
- Online Relationships
- Online Reputation
- Online Sexual Content
- Password Managers
- Peer-to-Peer Sharing
- Personal Data
- Persuasive Design
- Phishing
- Pirate Sites
- Plagiarism
- Pornography
- Private Web Browsers (Incognito)

- Remote Access & Data Deletion
- Sadfishing
- Screen Addiction
- Screen Grabs
- Search Engines
- Sexting
- Sexual Harassment and Stalking
- Sexual Harassment and Violence
- Social Bots
- Social Media Apps
- Social Media Influencers
- Social Pressures
- Software and Content Licensing
- Streaming
- Tagging and Sharing
- Targeted Adverts and Pop-Ups
- Technology-Related Communication
- Terms and Conditions
- TOR Browsers
- Torrent Sites
- Trolling & Online Abuse
- Video Streaming Apps
- Vloggers
- Voice Activated Searching
- VPNs
- Web Browsers
- Webcams
- Wellness Apps
- Whistleblowing

# Weekly Newsletter and Monthly Update Service

Our weekly newsletter and monthly update service emails are delivered direct to your inbox and provide you with the very latest news and informed opinion, straight from our experts. So no matter how rapidly the online landscape changes, you will never get left behind.

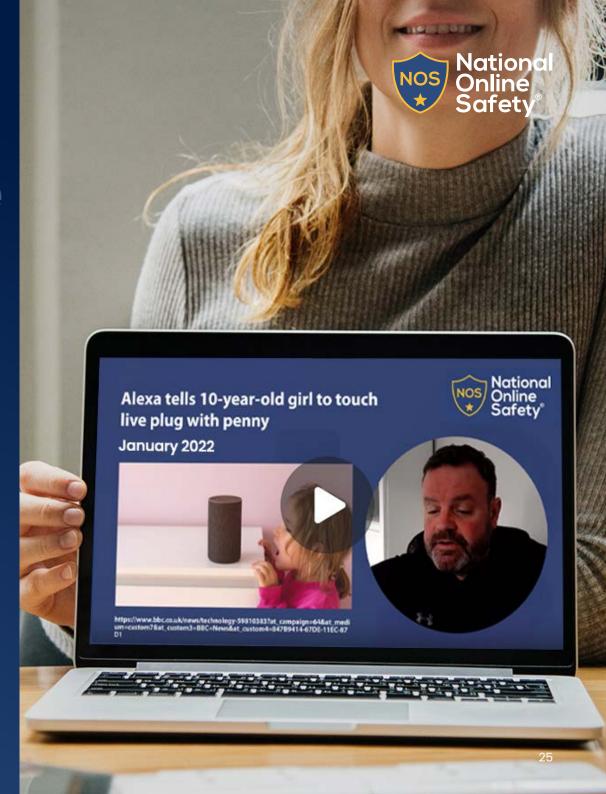


Weekly newsletter includes latest online safety guide



Monthly update includes video round-up







### INCLUDED IN MEMBERSHIP Lesson Plans

## **Lesson Plans**



All of our lesson plans have been designed by practising online safety leads in line with the UKCIS 'Education for a Connected World' framework and support statutory RSHE requirements across the age ranges to help you deliver a rich, diverse and comprehensive online safety curriculum.

- Innovative lesson activities
- Interactive videos / virtual lessons
- Downloadable resources



#### AGES 0-4 AGES 4-7 AGES 7-11 AGES 11-14 AGES 14-18

Our early years lessons nurture learning and development through play and exploration. With fun and engaging activities, they help young children to start building the knowledge to protect themselves from the risks they could face when they are online.

For this age group, our lesson plans tap into children's increasing independence and blossoming creativity.
They also utilise children's increasing attention span during this phase to impart slightly more detailed information, engaging and inspiring young minds to learn about online safety.

These lesson plans focus on building confidence and energising curiosity through experimentation and problem solving. In sync with this age group's thirst for knowledge and excitement about the world, they deliver serious but age-appropriate messages about online safety in an accessible way.

As children become simultaneously more autonomous and more socially conscious, our activities on subjects like self-image and cyber bullying assume greater relevance. These lesson plans help to develop pupils' abilities to manage information and solve problems, as well as improving their decision making.

These lesson plans are designed for the phase in which young people relish questioning and challenging perceived norms. Each lesson sets clear objectives and supplies key questions that help teachers to direct conversations, foster student discussion and stimulate independent thinking.

#### **LESSON PLANS**

### Scope and Sequence





#### 1. SELF IMAGE & ONLINE IDENTITY

#### EYFS (0-4 YEARS)

Recognise ways to react to someone who makes them feel sad or upset.

#### **KS1 (5-7 YEARS)**

Recognise that people can make others feel sad or upset, providing specific scenarios, and being able explain how others may look and act differently online.

#### **KS2 (7-11 YEARS)**

Understand what is meant by an online identity, how people can change their identity online, how to evaluate online content and how to get help.

#### KS3 (11-14 YEARS)

Understand how an online identity and offline identity could be different, how social media can perpetuate a stereotype and what pressures posting on social media can bring.

#### KS4 (14-18 YEARS)

Identify their own self-image, understand how their self-image can be used for positive self-promotion and explain how to support others who may be struggling.

#### 2. ONLINE RELATIONSHIPS

#### EYFS (0-4 YEARS)

Recognise some ways in which the internet can be used to communicate.

#### **KS1 (5-7 YEARS)**

Understand when to ask permission to do something online, why it's important to be kind, how technology can be used to communicate and rules for sharing content.

#### KS2 (7-11 YEARS)

Understand the difference between getting to know someone online and offline, building trust online, different forms of communication and the risks around sharing content with others.

#### KS3 (11-14 YEARS)

Understand the signs of harmful online situations, identify the use of harmful or discriminatory language online and learn to develop healthy online relationships.

#### KS4 (14-18 YEARS)

Identify the dangers of poor interaction online, where to go to for support, evaluate their own conduct and lifestyle online and understand the benefits of positive online relationships.

#### 3. ONLINE REPUTATION

#### EYFS (0-4 YEARS)

Identify ways that they can put information on the internet.

#### **KS1 (5-7 YEARS)**

Recognise that information can stay online for a long time and can be seen by others or copied.

#### KS2 (7-11 YEARS)

Understand how to search for information about others, how judgements can be formed based on what is found and how to develop and protect a positive online reputation.

#### KS3 (11-14 YEARS)

Understand that what is posted online can stay there forever, analyse their own social media posts and determine what other people might think about them.

#### KS4 (14-18 YEARS)

Explain what an online reputation is and how it can be developed, distinguish between legal and ethical issues and explore how someone's online reputation might be inaccurate.

#### 4. ONLINE BULLYING

#### EYFS (0-4 YEARS)

Describe ways that people can be unkind online and examples of how this can make others feel.

#### **KS1 (5-7 YEARS)**

Describe negative behaviours online than can upset others, explain what online bullying is and that it's important to get help if they experience it.

#### **KS2 (7-11 YEARS)**

Understand how to behave appropriately online, the different ways online bullying can manifest itself, how it can impact others and how to report concerns both in school and at home.

#### KS3 (11-14 YEARS)

Take responsibility for what they say and do in the digital world, how to get support and help if they are concerned and evaluate their own social interactions with other people.

#### KS4 (14-18 YEARS)

Explain what online bullying is in different contexts, understand the consequences of online bullying and demonstrate how to affect positive change.

### Scope and Sequence



#### 5. MANAGING ONLINE INFORMATION

#### EYFS (0-4 YEARS)

Talk about how to use the internet as a way of finding information online, including identifying devices they can use to access the internet.

#### **KS1 (5-7 YEARS)**

Understand that they may encounter things they both like and dislike online, how to use keywords in search engines, navigate webpages and explain why some information may not be true.

#### **KS2 (7-11 YEARS)**

Understand what is meant by fake news, how to evaluate digital content and explain how to make choices about trustworthy information.

#### KS3 (11-14 YEARS)

Identify trustworthy news sources, analyse the reliability and validity of information and understand why information may be used in a false context.

#### KS4 (14-18 YEARS)

Understand persuasive design, how misinformation and disinformation may benefit others, making ethical choices and what laws may govern illegal content.

#### 6. HEALTH, WELLBEING AND LIFESTYLE

#### EYFS (0-4 YEARS)

Identify rules that help keep them safe and healthy in and beyond the home when using technology.

#### **KS1 (5-7 YEARS)**

Understand how they can keep safe when using technology both in the home and in public areas and how those rules can also help others.

#### **KS2 (7-11 YEARS)**

Explain why spending too much time online may have a negative impact, how technology may affect health and wellbeing and what some of the pressures of the online world are.

#### KS3 (11-14 YEARS)

Identify how long might be too long to spend on digital devices, why people can become addicted to their devices and how to self-regulate their own health and wellbeing.

#### KS4 (14-18 YEARS)

Critically evaluate the negative and positive health benefits of using technology and understand what control measures certain types of content have.

#### 7. PRIVACY AND SECURITY

#### EYFS (0-4 YEARS)

Identify some simple examples of their personal information and who would be trustworthy to share this information with and why they are trustworthy.

#### **KS1 (5-7 YEARS)**

Understand how passwords work, what more detailed personal information looks like and what simple methods they can use to ensure information is kept private.

#### **KS2 (7-11 YEARS)**

Describe simple ways to develop strong passwords, keep personal information private, where their information may be stored online and by whom and how privacy settings on apps work.

#### KS3 (11-14 YEARS)

Identify more sophisticated ways of protecting their personal information online, the risks of it being accessed by others and the importance of keeping it safe and secure.

#### KS4 (14-18 YEARS)

Understand how the security of data can be compromised and used without the user's consent, what security measures can be put in place and the importance of data laws.

#### **8. COPYRIGHT AND OWNERSHIP**

#### EYFS (0-4 YEARS)

Understand that work they create belongs to them and how to name things so others know as well.

#### KS1 (5-7 YEARS)

Recognise why the work they create on technology belongs to them, how to correctly save their work and recognise and describe why other people's work belongs to them.

#### KS2 (7-11 YEARS)

Understand why copying work from the internet without permission isn't fair, the importance of considering ownership rights and how to reference sources.

#### KS3 (11-14 YEARS)

Recognise that people have the right to own their ideas, explain what copyright is and define and list the legal framework around copyright protection.

#### KS4 (14-18 YEARS)

Understand licensing and legislative frameworks around copyright law, how others may protect their work from copyright theft and the impact of plagiarism.



# **Testimonials**

# What Schools Say about Us

National Online Safety®

More than 400,000 users across over 32,000 schools benefit from our training and resources.

Our average rating is 4.7 stars out of 5 for quality.



"The beautifully made lesson resources have been used by all teaching staff to reinforce all of the computing national curriculum objectives in digital literacy. Posters and guides for parents and carers were liked by parents and governors. They are a fantastic resource that gives such a deep overview of specific issues and aspects of online safety. Just amazing!"

Lyudmila Momot-Booth; Science and Computing Lead, Thornton Primary School, West Yorkshire



"We would definitely recommend National Online Safety to every school that we speak to!"

Michelle Harrison-Baines; Year 4
Teacher / Computing Subject Lead,
Ashton Primary School, Lancashire



"The NOS team have produced a series of wonderful webinars. Having completed multiple courses, these webinars provide an easy-to-listen-to refresher on the content of the courses. As a school community, we appreciate the breadth of online resources which are supporting us in ensuring our school offers complete online protection for our children."

Thomas Washington; Year 4 Teacher / Computing and E-Safety Lead, St Thomas Aquinas Catholic Primary School, Staffordshire



"It honestly has been the best resource. The consistency that the lesson plans have, the activities and the progression have all been so fantastic. The other great thing is that it's so up to date. With many other resources, the content and references are outdated – they just don't reflect modern trends like National Online Safety do."

Joshua Goddard; Y6 Teacher and Online Safety Lead, St Helena's Church of England Primary School, Lincolnshire



"The quality of courses at NOS is phenomenal. They cover a wide range of topics and use professionals and experts to give valuable guidance and insight. Thank you, NOS."

Hazel Godfrey; School Staff (Non-Teaching), The Halley Academy, London



"The training courses are comprehensive – not only are they up to date with current regulation, but the information is presented and explained in such a way that you know how to implement change in school that best reflects guidance and legislation. The website is easy to navigate and it's straightforward to use when pushing courses out to staff members. The support that I've received from NOS, either by email or on the phone, has always been professional, useful and addressed in a timely manner."

Charlotte Branney; ICT Coordinator, Valley Primary School and Nursery, Cumbria



"Online safety is a big concern for all parents. Thankfully, National Online Safety are there to help reassure and educate parents and children in how to stay safe on the internet."

Lorna Head; Owner of HeadStart Tutoring and Coaching, Dorset

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